

ATHLETIC CLUB

25-yard Pool Schedule - Summer 2022

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:00 AM										
6:00 AM										
7:00 AM										
8:00 AM										
9:00 AM	AquaFit	AquaFit	AquaFit	AquaFit	AquaFit	AquaFit				
10:00 AM	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons				
11:00 AM										
12:00 PM										
1:00 PM										
2:00 PM										
3:00 PM										
4:00 PM	Swim Lessons + Swim Team	Swim Lessons + Swim Team	Swim Lessons + Swim Team	Swim Lessons + Swim Team						
5:00 PM										
6:00 PM										
7:00 PM	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons						
8:00 PM										
Lanes Open	No Programming	4	1							